



THE FLYER

Salisbury University's student voice

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Tuesday, April 29, 2014

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20 countries represented at International Beer Festival

BY JACOB TROXELL
News Editor

Hundreds flooded the streets downtown as the 32nd annual Salisbury Festival brought spring into Salisbury with a variety of events over the weekend in its new location, including the international beer festival.

"I am real pleased with the turnout, there were a lot of people and the weather helped," said Jeff Friuits, owner of the Irish Penny Pub and Grill, who sponsored the Beer Festival. "Overall, the attendance went down, but compared to last year, from the people I have talked to satisfaction went up."

The Beer Festival included 23 beers from over 20 different countries and was the main event leading into Saturday evening. A number of different performances and musical acts highlighted the day; however, Bryan Russo and the Tragic Figures took over as the primetime performance during the Beer Festival.

"It was a nice day and a beautiful turnout, a lot of people wanted to come out and shake it," said lead singer of the band Bryan Russo. "We love playing at festivals, it is (much) better than a cubicle."

For some, the International Beer festival is what persuaded them to come out and take part in the rest of the festival.

"The Beer and the Irish Penny

brought me out here," said Salisbury resident Dawn Smith. "I have been coming to the festival the past three years and it is something I mark on my calendar every year."

Many of the other events, shops and tents closed as the International Beer Festival began, attracting many to participate in the beer tasting.

"It was a nice day and a beautiful turnout, a lot of people wanted to come out and shake it. We love playing at festivals, it is (much) better than a cubicle."

-Bryan Russo, lead singer of Bryan Russo and the Tragic Figures

The festival, which initially began on the campus of Salisbury University in 1980, featured many different food vendors and shops, carnival rides, stands promoting locally owned organizations as well as non-profit organizations and carnival games. With such a variety of entertainment, food and games, the carnival attracted a wide range of ages downtown.

The biggest event that kicked off the festival on Saturday was the Salisbury Fire Department's Annual Medal's Day Ceremony, which included five departmental unit citation awards, a Departmental Meritorious Service award, a citizen commendation award and a few others.

"It is sad how some of the shops closed early this year," said Salisbury resident Steve Williams. "However, I like how it has expanded in the last 10 years."

Each year the festival takes place on the final weekend in April. Next year's festival is set to be held from April 24-26.

Student research takes center stage at SUSRC

BY SHANNON WILEY
Staff Writer

Students presented scientific and professional research on topics of science, liberal arts, business, fine arts and more to SU students, staff and the community at the 13th annual Salisbury University Student Research Conference on Friday. The conference began at 11:30 a.m. and opened with a welcome reception in Perdue Hall lead by SU Provost and Senior Vice President for Academic Affairs, Diane Allen. At the welcome reception the SU Squawkapellas also performed.

At 1:30 p.m. presentations began in Henson Science Hall, where most other presentations were held. Sessions began at that time, 3 p.m., and 4:30 p.m.

In the Behavior section, presenter Thomas Williams brought to light the influence of language in his presentation, "Fighting the Battle: The Impact of Queer Teen Suicide in the Media."

"In our culture, language matters," Williams said as he began. "In our society, words have the ability to show love, compassion, concern and empathy. However, in our society words also have the ability to hurt and kill."

Williams explained that 30,000 people every year die due to suicide, and that in a 2011 study suicide was found to be the fourth leading cause of death for people aged five to 14 years old, and that both men and women are increasing in suicide rates from ages 10 to 19 years old. He also

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Construction begins on Academic Commons



Brittany Bursa photo

SU President Janet Dudley-Eshbach and university officials break ground on the site of the new Academic Commons.

BY OLIVIA KLOCK
Staff Writer

With hard helmets and shiny shovels, Salisbury University and its supporters broke ground on the Patricia R. Guerrieri Academic Commons Thursday afternoon.

Opening in 2016, at 224,071 square feet dispersed on four floors, the \$111.4 million facility will be the largest academic building in the history of SU.

The building will include 12 classrooms, 18 study rooms, 115 laptop computers, 290 desktop computers, a faculty lounge, an auditorium, an Information Technology Help Desk, a café, the Writing Center, the Nabb Center museum, as well as books and an abundance of other materials that are an integral part of the learning process.

The SU academic community will now have a centrally located, state-of-the-art library, learning center and gathering space.

Salisbury University President Janet Dudley-Eshbach believes that the highly anticipated Academic Commons represents the realization of a long-held dream.

"Given its location on Red Square, I predict it will become iconic; a 'hang-out' for members of our campus community and others," said Dudley-Eshbach.

Freshman Julia Morrison said she is looking forward to having a new Academic Commons building that she will be able to use during her time at SU.

"Even though it is disappointing that the construction will take so long, I'm really thankful that my class is the one that will get the most out of the building," Morrison said. "Also, I think a lot of people are glad it will be in the middle of campus, since, after all, that's where a 'common' building should be."

When Dudley-Eshbach became president in 2000 it had been 12 years since a new academic building had been constructed at SU.

"I made it my business to learn how to overcome the barriers, financial and otherwise, to begin to enhance our campus in ways that would best serve faculty and students, and also allow us to build upon our selectivity in admissions and reputation," said Dudley-Eshbach.

Since 2000, numerous projects on campus have been completed, including the parking garage on East Campus, the



Brittany Bursa photo

T. Greg Price, VP of Advancement and External Affairs, gets the crowd excited at the ground breaking ceremony for the new Academic Commons.

University Fitness Club, the Teacher Education and Technology building (T.E.T.C.), Perdue Hall, the Sea Gull Square residence hall and retail shops.

Junior Kelly Wolf is excited about the Academic Commons for the sake of his peers, but also disappointed since construction will not be completed before he graduates.

Although Wolf will not be here to experience the Academic Commons, he has been here to experience other innovative campus projects.

"I remember visiting this campus when I was in high school seeing buildings, Perdue especially, that really attracted me to the school," Wolf said. "T.E.T.C. is where I take most of my classes for my major, and that building is also really high tech, and just a great area for students to learn."

Also since 2000, the gross square footage of SU's campus has increased by 48 percent, including the Aca-

demie Commons.

"It is very gratifying to see so many of these dreams become reality over the past 14 years of my presidency," Dudley-Eshbach said.

Dudley-Eshbach acknowledges that her presidency may be remembered for the ways in which the campus buildings and grounds have improved. However, she also recognizes the dedicated faculty, staff and students that have made SU what it is today.

"Above all, it is the people who have built our campus," Dudley-Eshbach said. "Not only are our students strong academically, but they are also involved with community service projects and generally committed to making our world a better place."

Katherine Mooney, a senior at SU as well as Student Government Association (SGA) President, has worked

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COMMONS

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closely with Dudley-Eshbach throughout her two terms as SGA President, and is very proud of all she has given to the university.

"I truly believe Dr. Janet is the reason Salisbury University is a university of national distinction," Mooney said. "She has always been a huge advocate for the students, wanting to include them in every way, and we would honestly be nowhere without her."

SU is currently commencing a new long-term Master Plan process, which will set parameters for campus development for the next 10 years and beyond. The plan will account for more facilities, with a focus on the importance of SU's commitment to environmental sustainability and reducing the university's carbon footprint.

A list of future projects includes a new ten-

nis center (currently ongoing), a new football stadium (also currently underway), a Fine and Performing Arts Complex and a second parking garage.

Dr. Dudley-Eshbach believes that even more important than the new buildings are the things that can't be seen. SU's operating dollars per student have increased dramatically over the past 14 years, which in turn means better employee salaries and benefits and enhanced scholarship funds for students.

"I would like to underscore the importance of the alumni, students, faculty and staff and donors who are at its essence, Salisbury University," Dudley-Eshbach said. "But, we still have a long way to go."

SUSRC

Continued from PAGE 1

shared that from 2010 to 2011 there was a 1.5 percent increase in suicide, and that this is often caused by difficulties in school, bullying, balancing relationships, rejection and failure.

Using a qualitative case study analysis, Williams studied the before and after effects of teen suicide and why some homosexual and bisexual teens chose to commit suicide. He found that much of this is because teens are not just being bullied in school anymore, but over the Internet as well. It is also because the media shows one person feeling alone and depressed while everyone else is fine, while in reality many people feel this way. Even further, in one study Williams said 16 percent of 339 reviewed websites were pro-suicide, holding links and tips for viewers on how to commit suicide. Williams also said that most people's knowledge of suicide is taken from the media and the media can portray it as an heroic act, saying that maybe the person will save someone else's life by taking his or her own.

"I believe," Williams said, "that we the people have the power to influence what the media portrays about suicide. So I believe that we can change this perception that the media has on us, and if we choose to, we can make the media do a vast number of things to our benefit to save lives, not take them. So the question is, are you ready to be strong?"

Soon after Williams' presentation, during the Worldly portion, John Penuel gave a history lesson, and in doing so proved that Julius Caesar should really be the first emperor of Rome. With a completely memorized presentation, Penuel gave the entire back story of Julius Caesar and his reign as a dictator over Rome, and compared it to the reign of Augustus. Penuel explained through the use of totally Latin documents, historians' works and his own conclusions that Julius did everything that a typical Emperor would do and then some, showing that Caesar really deserves the title of the first Emperor.

In the Perceptions section, presenter Karen Suckling explained how over the last few decades a trend in women earning more than their husbands has significantly increased. Suckling said that this trend was due to more women entering the labor force, while male participation in the labor force has been decreasing—perhaps because gender roles are not as defined anymore and some fathers have become stay at home dads. Suckling also found that the wage differential between men and women has decreased. She also noted that although many women are now going to college for multiple years, this addition has not significantly affected women's wages over men's.

"This is very good news for us working women," Suckling said.

During the Perform section, presenter Mark Oberly showed how the Punk Rock movement was a way for Northern Irish youth to express themselves and deal with the troubles in their country. Oberly first explained all the troubles that Northern Ireland had, beginning with a power vacuum in the 1600s and early twentieth century rebellions against British rule. He said that although Ireland was free, some counties in Ulster elected to remain under English rule—creating today's Northern Ireland. What brought about the largest problems was in the 1970's and 1980's when violence broke out against the British rule of Northern Ireland. Ireland faced off against itself, with Catholics and Protestants killing each other. There was an estimated 300 to 400 thousand injuries and imprisonments during this time, and about 500 deaths just in 1972 alone. To face this, many people—especially youth—turned to music to express themselves and their frustration from both sides.

"One of the most interesting subgenres and subcultures to appear in Northern Ireland was Punk Rock," Oberly said. "What was really special about it was that it brought kids from both sides together."

Oberly explained that although Ireland itself was fighting, Punk Rock remained impartial from Irish partisans and focused on being against English rule.

At 5:45 p.m., the oral presentations of the 2014 SUSRC concluded.

A poster session was held in the Wicomico Room of the Guerrieri University Center at 6 p.m. until the conference concluded at 7:30 p.m. The poster session included presentations on specimen abuse in regards to drug tests, Amino acids and SAM (S-Adenosyl Methionine), attitudes towards lawn, and more.

"I thought the presentations had a wide variety and opened my mind," said audience member Tommy Robinson.

SUSRC takes all year to plan, according to this year's Chair of the SUSRC Committee, Christy Weer. This year there was a committee of eight people, including one student.

"This year has gone great," Weer said. "We had a great opening session. The provost spoke and the Squackapellas sang so we really got a good crowd—Squackapellas always bring a good crowd. We also started registration earlier this year at 11:30, so presenters had more time to get ready and set up."

EL CINCO DE MAYO LUNCH



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Carnitas Asada
Chicken Chile Verde
Vegan Black Beans
White Rice
Shredded Pepper Jack Cheese
Salsa, Guacamole & Sour Cream
Flour Tortillas
Tortilla Chips
Cilantro Cole-slaw
Tres Leche Cake
Key Lime Pie
Fruit Dessert Euchiladas

IN THE *Bistro* 11:00-2:30

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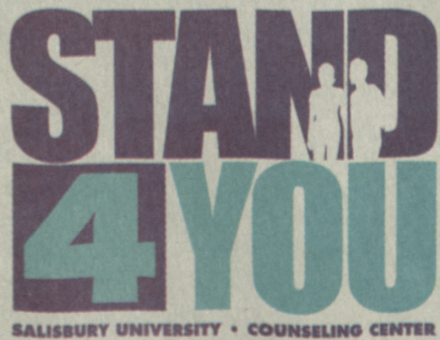


HAVE QUESTIONS?

How do I talk to a student I'm worried about?

What do I do if a situation seems out of my control?

Where can I turn when the situation is too big to handle on my own?



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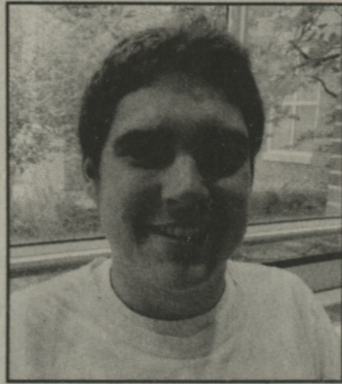


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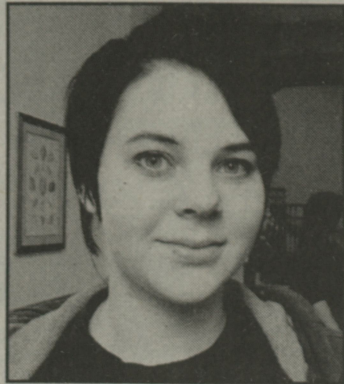
Overheard: In the last few weeks of the semester, which class are you most worried about?



"I'm about to graduate soon, so I'm worried about getting all my research papers done on time."
—Kaitlyn Spaeth, senior



"I'm not really too worried right now. I'm not taking a lot of classes so I don't have much to be worried about."
—Jesse Malaby, sophomore



"I am most stressed about graduation. It's pretty daunting to make that transition, but I'm also excited."
—Sarah Decker, senior



"I'm worried about a lot of assignments that are all due on the exact same day. I don't have as much time as I think I do to finish them."
—Lucy Hudson, senior



"I have two presentations and three papers due this week, so I am mostly stressed about that at the moment."
—Abby DeCrenza, freshman

The Flyer

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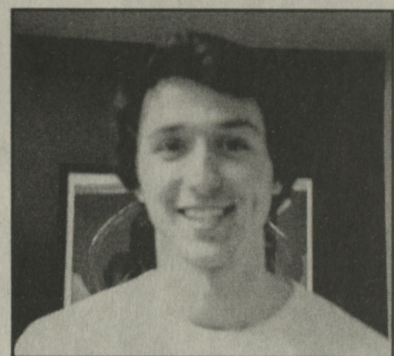
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The Flyer strives for accuracy and corrects its errors immediately. If you believe The Flyer has printed a factual error, please email us.

TV College vs. Real College



BY CHRIS KRAUSS
Staff Writer

College is about sleeping all day and partying all night, right? Wrong.

Media has been skewing our perspectives on things for years now. Going back, I can pick out examples of old movies and TV shows that promoted things like smoking cigarettes, claiming that it made the smoker popular and more attractive. I even remember "smoking" candy cigarettes and pretending that I was as rebellious as my mom's favorite actor James Dean.

One could even skip to a less serious topic and find plenty of commercials or billboards that portray that "Big Mac" at McDonald's as being some of the best looking food porn around. Of course, when you actually see this slab of greasy meat covered in that mysterious "B-Mac" sauce, the idea that you might have gotten played must of passed through your mind at least once.

I was okay with all of this though.

Until the media scoundrels did it to college. Most of us wait four years of monotonous, high school tongue-in-cheek drama to get to that godsend of a day called graduation, hoping that what the next four years holds is the furthest thing from what we just experienced. Too bad college isn't all that it's cracked up to be on the big screen.

Shows and movies like "Blue Mountain State," "Greek," "Accepted" and "21 and Over" have made it hard for incoming students to accurately depict what college is going to be like at most universities, ultimately making that four year wait

seem anti-climatic. One of the opening scenes of the first episode of "Blue Mountain State" features the main characters downing bottles of what appears to be expensive beer in their dorm room and half naked women knocking at their door.

The first problem with this picture is expensive beer. Almost every college student I know is broke and drinks Natty Light or some other cheap form of intoxication. Reality is expensive, but you get used to it.

The second problem is half naked women at the door. Now maybe it's just me, but in the first week I definitely didn't see scantily clad women showing up at people's dorm rooms. Stuff like that just doesn't happen at most colleges.

Even more upcoming movies like "22 Jump Street," which takes place in a college setting, have made fictional moments like these selling points in their trailers, having college students party their asses off while downing a beer bong in the middle of their dorm hallways. It doesn't even stop here though. Almost 80 percent of the trailer consists of some form of partying. Highly unrealistic portrayal of college? I think yes.

Don't get me wrong though, some of the things that are glorified in the TV shows and movies are real, just greatly exaggerated. Yes, there are huge parties, excessive drinking, half-naked women and psychoactive drug use. Some of the time even, all these happen at the same time and place, too.

However, the extent to how often these parties happen is the part that the movies fudge a little. These aren't weekly occurrences, nor do they even bi-weekly occurrences. The illusion that these things happen everywhere and happen all the time leads those incoming students' minds astray, leaving them with dreams that will very rarely be met.

To be honest, nothing can be done about the subject. Media isn't going to change how they portray college, because the way they portray it sells.

The only thing that I can recommend is a lesson my mother taught me when I was young, that I didn't listen to at the time: "Don't believe everything you see on TV."

Comment of the Week

This comment was posted in response to the April 27, 2014 article "Salisbury reacts to increase in minimum wage."

Posted by Sam Jones.

"It's a myth that business owners are 'job creators.' This is the last thing business owners want to do no matter how little or how much they have to pay employees. And if you think about it, a business hires JUST enough people to keep the business functioning and profitable. If businesses just fire people because of who they have to pay, the same duties and responsibilities remain - they still need people to do those jobs. If they were to cut people due to having to pay their employees a livable wage, they're only going to hurt their profitability overall. It has been proven time and again business owners do not WANT to create jobs. Anything that hurts the CEO's pocket or the shareholders pockets are the only things 'Business owners' are actually caring about. As a future entrepreneur, I can say that I'd rather have the optimal amount of staff than be understaffed because I didn't want to pay a livable wage."

Want to have your voice featured on Comment of the Week? Then go to www.thesuflyer.com or our Facebook page and comment on any of our articles - past or present - for the chance to be published in print. Comments can include your name or they can be anonymous - either one will have a chance at being featured.

Student Employees: underpaid and under appreciated



BY KYLE SHAW
Staff Writer

Like a majority of those reading this paper, I am both a student and worker.

Now in my junior year, I have accumulated about three years worth of retail experience, most of it with one company. Some of you may have once been in the same situation: working part time to scrape together enough cash to

survive whilst earning a degree.

There are obvious distinctions between the two, the latter being something of interest and (hopefully) significantly more pay, a salary versus an hourly wage accompanied by a slew of benefits and (possibly) paid vacations.

If you are like me, then you are juggling classes and a job (or jobs), maybe squeezing in a few hours of sleep here and there and perhaps even a social life.

For the slew of us proletariat broke-college-student, it is not uncommon to fail to be excited when we wake up and realize its Saturday. Instead of having the same reaction we had back in the day when waking up and not having to race to the bus was the pinnacle of reprieve in the week; it has come down to the daunting fact that it's often the busiest day of the week.

Many college workers rebel against this with relatively insane compromises such as, "if I have just one more drink I won't be that messed up before I clock in," or any variation of the like, which is an easy way to remember just before bed time, that there's still that online assignment due at 11:59.

Satisfying everything in the hierarchy of needs is often too much to ask, given that 24 hours is not always a generous amount of space to study, work, eat, sleep and be happy. I attended the College of Southern Maryland for two years before transferring here and often had the twin headed dragon of a full class and work schedule.

Breaks were clutch increments of time that were either spent a) actually eating, b) remembering that nifty trick on the TI-84 so I didn't have to do

the God awful formula, c) crawling helplessly into the backseat of my car in the parking lot in the hopes that a motorcycle did not roar past for the sake of having the world's least productive nap, d) rack my brains to recall something I had to do, or some combination of the above.

There are times where a student employee must remind themselves what they fight for. When a table of eight fails to have just one person tip at least 20 percent after having done everything for them shy of actually tying their shoes or doing their taxes. You contemplate the universe and your existence on your knees. You need a glimmer of hope, that eventually the world will uplift you from underneath its muddled boot and offer a seat at the table.

We tire ourselves and fight the good fight for the promise of finding light at the end of the tunnel, whatever that may be.

With the Maryland minimum wage set to gradually increase over the next few years, there is a bit of rejoice among the legion of abused fast-food infantry and waiters and waitresses. Minimum wage can't cover tuition, books, food, and a place to live. Americans who don't even go to school can't live off it.

Poverty does not have to be the bare minimum in this country, not when the great American Dream has us believing that if we scrub enough toilets and smile at enough strangers, one day we will run the whole building or the name plastered out front in illuminated capital letters.

The prime of our health, the greatest years of our lives, are spent finding a way to escape the monotony of defeat and settle into a legitimate place in society. With the job market in constant, unstable flux, no one is guaranteed a thing, leading to people a decade removed from college wondering why they are still at the same job where they said, "it's only temporary," when they started.

In 2014, it isn't as simple as it used to be or should be. The 99 percent progressively has less and less to divide amongst itself, though we are the land of opportunity. As someone who refuses to be running in place for the rest of my twenties, I am hell bent in rising above the bottom rung, biding time instead of wasting it.

So next time you see a fellow hourly warrior struggling to hold the line in their journey to the end of the day, a simple gesture goes great distances. A smile, a joke, maybe a slightly bigger tip, whatever you know gets you by when you go to wash your hands and see your nametag in the mirror.

The "major" choice



BY REBECCA MILLER
Staff Writer

Pick. Decide right now what you want to do with the rest of your adult life. Come on, you can do it. It's only the rest of your life.

Choosing a major is a daunting task, but

maybe we should all take it a bit lighter. The pressure comes from all around. Parents, friends and teachers all wanting us to commit to something. Some of us have had our lives planned since birth. Show interest in arguing and you're going to be a lawyer; animals, a veterinarian. If you are strong enough to come into college as undecided, immediately the school starts "guiding" you towards picking some sort of major, many of which are set up in tracks.

The nursing, business and secondary education tracks, for instance, do not often easily allow for a change of major without adding on years of schooling. Scholarships are given to incoming freshmen based on their majors, not considering that they might start taking classes and no longer want to pursue the same field.

College should not be a time of over-

whelming stress. We are still young, still free to make dumb decisions without too many consequences. Make your studies fun. The man who loves his job does not work a day in his life. If you like to paint, study art. If you like chemical reactions, study chemistry. The rest will follow.

In today's ever changing world, many of us will have at least five different jobs before our careers are over and our undergraduate degrees are only preparing us for that first employment opportunity.

What we are actually doing here at Salisbury University is learning how to learn, to problem solve, to write and research. We are learning who we are and who we will grow to become. We are discovering ourselves and we cannot be defined by any label, not even a major.

We LUV our residents ... or do we? Experiences and headaches in the living hell that is UV

BY ANONYMOUS

Every college student has at least a funny memory or two they share with their roommates from their dorms, apartments or houses during the past four years (or more, if you're planning out your super senior year like myself), even if they weren't funny at the time.

Except for me, those memories will consist of my apartment almost flooding, a door that barely locks, frequent leaking water from our ceiling and floor and subsequent worries of mold that may be hiding under the cabinets and walls in my apartment. Oh, and let's not forget about my lovely neighbors, who I can often hear (at every hour of the day) throwing heavy objects above my head and cursing each other out about drug deals gone wrong.

With that said, I wanted an apartment that was off campus and more spacious than my previous home in Sea Gull Square, and University Village fulfilled those requirements. It has a gym, a pool and free parking. I also don't feel trapped like a sardine in my apartment like I did at Sea Gull.

Most college students can recall the excitement of moving off campus into a house or apartment and gaining a new sense of independence through that move, which I definitely felt when moving to University Village. But along with that independence, I gained a new sense of respect for my old stomping grounds at Sea Gull.

At Sea Gull, I could sit outside and enjoy the weather at a table or on the lawn with a blanket.

At UV, I can't walk out to my car without getting sexually harassed, whether it's from the drug addicts living above me or the local Salisbury youth on the basketball court.

At Sea Gull, I could wash my clothes without fear of my washer flooding the apartment. At UV, this incident became a regular thing. At Sea Gull, my dishwasher lived up to its name and washed my dishes. At UV, our dishwasher is an outdated waste of space. But even as much as I miss Sea Gull, I have noticed that my friends in other places such as University Park and University Orchard, will never have the experiences we've had in UV.

Whether it's the nonresidents asking us to drive them to the nearest Valero for cigarettes (we politely declined), finding a dirty tampon a few steps from our door or sweeping the dead bugs out of our door that jiggles loosely even when locked, my roommates and I can agree that there is rarely a dull moment at UV.

Don't get me wrong, the staff at UV have been helpful with all of these problems, although more attentive in some situations than others.

For most of our fall semester, the internet at UV was completely unreliable, as it stopped working after a slight drizzle of rain. They have since changed that and installed a Wifi system that has made a huge difference. I can now do my projects and assignments at ease in my own apartment, whereas a few months ago my main internet solution was going the library, a friend's house or scrambling to see how late Starbucks was open.

The UV staff is mostly students, and they're all friendly enough and can relate to our struggle at UV (probably because they live here also). The biggest problem I have with the UV staff is the maintenance staff. I can't count how many times my roommates and I have had to call in again and again to get a problem actually fixed, and when it comes down to it, I could be living back in Sea Gull again and it wouldn't be any better than UV if its maintenance staff wasn't responsive to our problems.

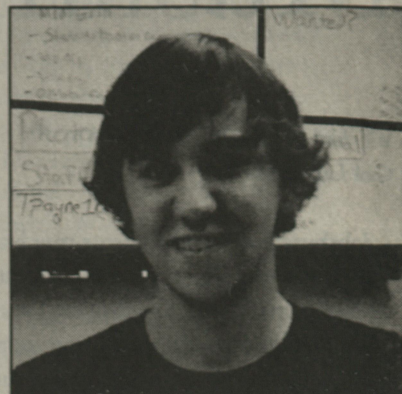
If UV could improve on its maintenance, get real furniture (rather than fold up bleacher chairs for dining room furniture) and update its appliances, I really would be able to say that it's a decent place to live and worth the money. But at this point, I don't think they'll be able to compete with UP, UO or Sea Gull anytime soon.

Getting down to my final point, I'm sure there are worse places to live in Salisbury. But if you can find another apartment for the same price as UV or cheaper, I would advise to take the other option.

As for my roommates and I, we'll be moving on from UV to some of those other options we should have considered before jumping on the first lead we saw.

I graduate in December, and have found a house to live in once my lease ends in July. It's a couple miles from campus, which is not the ideal location I had in mind. But after all the "fun" times here at UV, I'm not going to be too picky, and I'm glad I will have a roof over my head at this point, no matter where I live.

When it comes to racism, age is no excuse



BY STEVEN CENNAME
Editorial Editor

Grandfathers do it every Thanksgiving, and we all think it is cute. But when do we draw the line?

In the past week, two older white gentlemen have been caught by the media saying unbelievably racist things. This has received a great deal of attention from the media even though an old, white man saying racist things is not an uncommon occurrence.

The first was fringe conservative rising (and now falling) star Cliven Bundy, the Nevada rancher who refused to pay over one million dollars in grazing fees to the federal government. For some reason, Bundy received much praise from a number of conservative media stars, most notably Sean Hannity, even though he broke the law and is free loading on land that the taxpayers pay for.

In fact, one of the few instances where I have agreed with radio host Glenn Beck was when he recently called Bundy a "welfare rancher."

About two weeks into his stardom, those who supported Bundy in the media have run for the hills after he implied that "Negroes," as he calls them "may have been better off under slavery."

A few days later, a recording leaked of Los Angeles Clippers owner Donald Sterling telling his biracial girlfriend that it bothers him when she "broadcasts that (she's) associating with black people." He also told her to not let black people into the games.

Bundy is 67 and Sterling is 80. Because of their ages, a number of people are not rebuking them as much as they should, giving Bundy and Sterling a generational pass.

At this point, being elderly should no longer be considered a legitimate excuse to be racist. True, it was a different time when the previous generations grew up but racial relations have improved since the 1960s and 1970s. Bundy and Sterling grew up in times when these types of comments were acceptable, and just because these men are used to living during those times does not mean we have to tolerate what they say or give them a get out of jail free card to allow them to utter these kinds of comments whenever they want.

Just because our elders grew up when race relations were very different than they are now, this does not mean that they should have an excuse to continue living as if nothing has advanced. It is hard to imagine that Bundy and Sterling have lived in this country for all of these years and have not noticed that things have changed. It is also hard to believe that they have no idea that referring to African Americans as "Negroes" and telling your girlfriend not to associate with African Americans when media personnel are around are no longer acceptable.

They are aware of these changes; they are just resistant to them or, worst case scenario, would prefer that they had never happened.

We do not allow 80-year-old employees to get away with refusing to hire young women out of fear that they might get pregnant and have to take maternity leave, even though that practice was considered acceptable and was extremely common earlier in their careers. We also should not turn a blind eye when influential people of similar age make racist comments.

Also, the "age excuse" has aged as well. For the last 40 years, we have given the elderly a pass to say any racist thing they want free of consequences. Using age as an excuse was more understandable when racial equality was a "new" thing, but 50 years after the Civil Rights Act became law is plenty of time to adjust to societal changes and filter out any childhood indoctrination. The "age excuse" has aged to the point where it is no longer a valid reason to be racist.

So, next time a grandparent says something racist at Thanksgiving Dinner, let them know that those kinds of comments are not acceptable. Just because they were alive in the 1950s does not mean that they are allowed to remain there.

Muslim students offer roses, peace

BY AMANDA BIEDERMAN
Gull Life Editor

Salisbury University students may have been surprised when they were showered with roses walking outside Devilbiss Hall on Thursday. The Muslim Student Association coordinated this event in honor of Prophet Muhammad Day, which was designed to promote peace and interfaith awareness.

"It was a peaceful form of protest ... To protest not just the incident in Denmark, but all misconceptions about the Prophet Muhammad."

- Anisa Diab, MSA advisor

The event arose from the 2008 scandal in Denmark, when a cartoonist created an offensive picture of the Prophet Muhammad wearing a bomb as a turban. Diab said some Muslims reacted to this cartoon in a violent way, while others chose to boycott goods. But others wanted to do something more positive.



Darby Dickes photo

Members of the Muslim Student Association gave roses to students on Thursday to promote interfaith awareness.

"It was a peaceful form of protest," Diab said. "To protest not just the incident in Denmark, but all misconceptions about the Prophet Muhammad. People say he was a pedophile, a womanizer, violent... We want to set the record straight. And the way you set the record straight is through peace, mercy, love and justice. And

we do that because that's what the Prophet Muhammad taught us."

Diab said she does not believe discrimination against Muslims is a particular issue at SU, but that there is a set of common misconceptions about their faith because it is often mistaken for Arab culture and the term "Islamist" has come

incumbent on every man and woman to get an education."

Diab said she believes many of these misunderstandings are a result of the media.

"Normally, you don't hear a person's religion brought up (when they have committed a crime). So why Muslim? To me, when people commit acts of terror, I don't even see them as Muslim... Their faith is irrelevant. They're human. So what do you need to even mention that? It just feeds the idea that somehow inherent in Islam is violence."

Diab pointed to members of the club, pointing out that they all came from different ethnic backgrounds.

"You can be American, and Muslim," Diab said. "And Muslims are an important part of American culture. I don't think people understand that."

MSA member Saidat Sola-Rufai said the club, which is open to Muslims and non-Muslims, is working to spread the word about Islam. She said the club is also designed to build a support system for Muslim students to practice their faith.

"We have to pray five times a day, so every Friday we all get together and pray in the GUC," Sola-Rufai said.

MSA member Rubab Ahmad said club meetings address a variety of topics including music, death and the hijab. She said the club is a great way for members to learn more about their religion.

"I feel like, growing up in America, it's hard to know a lot compared to other countries," Ahmad said. "But some girls learned a lot growing up. So we all learn a lot from one another."

to refer to Muslims who are radical.

"In Saudi Arabia, women can't drive. In Afghanistan, women can't go to school," Diab said. "But those restrictions are cultural and political in nature. If you look at the Prophet Muhammad's teachings, he said 'Gain knowledge, even if you have to go to China'... It was

CAMPUS CHIC

Fabulist: A Must Watch



Contributed by Kara Kinnamon

KARA KINNAMON
Fashion Columnist

On March 17 of this year a show called The Fabulist premiered on the E! channel.

Based on the hosts Kristin Cavallari and Orly Shani, I can't expect too much from the series (especially because I was team LC back in the Laguna Beach days). But have been pleasantly surprised by the show's content.

can't be taken too seriously. Yes there is corny humor and semi-low budget production value, but the show does its purpose.

The Fabulist airs for thirty minutes every Monday night and hosts Kristin and Orly as well as celebrity guests valent in the fashion world. The hosts present recent ads from the everyday to the bizarre and offer their

views on whether they should "fab it" or not. That I appreciate about the show is its service as a communicator between the fashion world elite and the everyday viewer. It has all things magazines lack: free access, relatability, and a genuine interpretation on what often seems out of touch and over a fashion consumer's head. Like I mentioned, The Fabulist showcases trends that be found in your own mall, to trends that you would never even consider, to extreme measures cultures take to considered beautiful. Of course the bizarre trends they sent are in an effort to engage viewers and spice up a commercial appeal, but the relevant trends are a fun new way to receive your fashion dose for the week.

A few weeks ago the show brought to light a recent trend that I am completely obsessed with: book clutches. Made popular by the brilliant Kate Spade, these are literally clutch style handbags that look like your favorite book. Kate Spade offers titles like "Paris and The Single Girl" as well as "A Tale of Two Cities." These are quite pricey, but others can be found on Etsy as well as DIY book clutches on other sites.

Another must have trend that has recently surfaced is the incorporation of plated detailing. This trend has become a staple in statement jewelry like cuffs and bold necklaces as well as shoe accents and belts.

A trend The Fabulist has wavered on is the idea of going braless. That's right, the '90s are coming back to haunt us. It has been fairly evident on runways and red carpets that celebs and models are going braless for fashion but this trend may be creeping into our mainstream street style. What I enjoy about the show is their collective and conclusive opinion on the matter, go for it if you have got the body but it just isn't for all of us. I concur.

The Fabulist's ability to speak so openly about these trends that seem often forced on the public is what sets it apart from other fashion news mediums. It is refreshing to see the hosts and guests disputing what is usually accepted without question in the fashion world.

It's like if Kate Moss starts wearing her pants around her neck then everyone else would follow, but the show takes that opportunity to evaluate the reality of each trend. I think it is promoting fashion literacy, and that I love.

Run for our troops

BY LAUREN HOLLOWAY
Staff Writer

Salisbury University students will be holding a 5k run through campus to benefit Homes for Our Troops on May 3.

Homes for Our Troops is a national 501(c)(3) nonprofit organization founded in 2004 that is committed to building specially adapted homes for the over 1,700 service members who have returned home with life-altering injuries post-9/11.

HFOT assist veterans and their families by raising money as well as providing building materials and professional labor to coordinate the construction of a home that provides maximum freedom of movement and the ability to live more independently. HFOT provides these homes at no cost to the veterans they serve.

"Our group chose to do this event because many of us know people who have served our country and we figured we could get a lot of support," group member Kelsey McBain said. "We thought it would be a great idea for the proceeds to go to a Maryland native."

All proceeds raised during this event will go to Marine Corporal Marcus Dandrea, who was on his second deployment when he lost both of his legs in an IED blast in Sangin, Afghanistan on February

24, 2011.

A member of the 2nd Radio Battalion, Dandrea stepped on an IED resulting in injuries so severe that both of his legs required amputations above the knee. Dandrea continues to receive treatments and therapies at the Walter Reed National Medical Center in Bethesda, Maryland.

"This means so much to me and my family," Dandrea said. "We will never have to worry about the financial burden of finding a home that meets my needs... it will make our life a lot better and I cannot thank Homes for Our Troops enough for giving us this opportunity."

Members of the campus community and surrounding areas are looking forward to this event, and said they believe it will be a great success.

"I really enjoy running 5ks and it makes it even better that it is an on campus event," SU junior Taylor Merget said. "I always do my best to support our troops since they do so much for our country."

There will be prizes to the first three runners to finish the race, as well as t-shirts and wristbands for participants. A bake sale will be held following the event.

Sign up for the 5k will begin at 7 a.m. followed by the start of the race at 8 a.m. There will be live music and support from local veterans.

Weather taking a toll on students' motivation

BY JESSICA GOODELL
Staff Writer

After a winter that consisted of three snow days, and seemingly endless inches of snow, spring has finally arrived in Salisbury.

As the semester begins winding down and the temperatures begin to rise many students are struggling to balance taking advantage of the weather while still keeping up their motivation in finishing their final assignments for their classes.

Some students are able to get some of their schoolwork done outside, so they are able to enjoy the weather without pushing their academic responsibilities to the side, but many students have said that choose to put off their assignments until closer to the due date in order to spend their time in Ocean City, or at cookouts with friends.

"As a graphic design major, if you can't bring your computer or laptop outside you might as well not start your work and enjoy the day," senior Chris Foreman said.

When professors asked if they had noticed a lack of motivation in students, most responded that they had not noticed a change. But students are not the only ones who would rather be outside when the weather is nice.

"I actually have not noticed any students having issues balancing weather and academic responsibilities," said Art History Professor Jennifer Liston. "However, I saw students sitting outside drawing perspective from sidewalks, when I normally see them doing this inside buildings using hallways. They said their professor tailored the assignment so they could enjoy the good weather."

Having drawing classes allows professors to change their assignments in order to be able to spend time outside without missing out on class time.

Not all classes allow for time spent outside during class time like some art classes. This is a disappointment to many students who do not want to sit inside

when it is sunny and 75 degrees outside.

Senior communication arts major Alissa Grant said some of her professors have made comments at the beginning of class about how they wish they could hold class outside because they want to enjoy the weather as well.

"I'm skipping my next class and driving to the beach ... I don't want to spend time inside when it's this nice out."

- Anonymous student

Many students who are stuck inside during class time complain about how they would rather be doing other things.

"I'm skipping my next class and driving to the beach," said a student who wished to remain anonymous. "I don't want to spend time inside when it's this nice out."

Another student who wished to remain anonymous took a personal day this past week and did not attend any classes.

"The weather was really nice," the student said. "I wanted to spend the day soaking up the sun outside instead of sitting in a classroom. I had absolutely no motivation to go to class."

As difficult as it may be, school still needs to be the number one priority for the next four weeks as the semester comes to a close.

As final projects and final exams approach many students can be seen studying and doing homework across campus in Red Square and on The Quad. This is a perfect example of how some students are attempting to balance academics with enjoying the beautiful spring weather than has finally come to Salisbury after a very long and cold winter.

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Bright future for athletic facilities



Darby Dickie photo
Construction begins on new athletic facilities on East Campus, marking the start of a university goal to improve the services offered to athletes at SU.

BY KOLBY MALY
Staff Writer

The dominoes have started to fall in the long line of athletic facilities renovations and upgrades at Salisbury University.

The first domino was to move the tennis courts to east campus along with the other sports as Salisbury plans to have all its athletic teams stationed there. Demolition of Caruthers Hall for the new Library initiated the move of the tennis courts.

Due to the construction, many of the parking spots in the Perdue lot will be taken due to the fact the contractor needs them for storage, cranes and flat beds.

"While we lose 160 spots for the Library we will gain 180 spots at the old tennis courts," said Jeff Downes, Director of Architectural & Engineering Services. "This allows for no net loss of parking spots and what really pushed us to relocate the tennis courts."

While there hasn't been funding for it yet, Salisbury has identified a desire to put a new field house where the current baseball field is in the future. This in turn will continue the domino effect to make room.

The first step is moving the baseball field to the current women's soccer field. Next will be moving the women's soccer field to the current intramural fields and finally moving the intramural fields next to the new tennis courts. But that's not where it ends.

"We have funding to turn the softball field 90 degrees where home plate would be in the

southwest corner," Downes said. "New press box, new dugouts and public restrooms, these designs will begin this summer."

All together the moving of the fields will cost Salisbury around \$8 million.

Maybe the biggest move is what won't be moving at all, that's the new \$12 million stadium. Construction begins starting in the fall this year and the estimated completion date is January 2016.

The new press box has already been built and is in function now. The stadium will also be complete with new concessions, 2,885 new seats and home and visiting locker rooms.

With the want to build the new field house, Maggs Gym will be turned into a recreational gym for students while the field house would be for the varsity athletics.

"Long term we want to make Maggs a recreational center with so many students living around it," Downes said. "Our goal is to give the students more recreational opportunities."

The Sea Gull Stadium will be another change initiated from the domino effect. Walking into the stadium now, you may not know you are at a university game until spotting the "SU" on the scoreboard.

With no locker rooms, players must get dressed and ready to play on the other side of campus. Although teams have their own traditions with walking through the tunnel and to the stadium on game day, it does create an inconvenience. Not only that, but sharing locker rooms with the other team can be distracting.

"My number one goal since I took the job was to get year round locker rooms," Head Football Coach Sherman Wood said. "A locker room can build bonds and comradery while it also gives the players a place to relax, talk football strategy and academics."

Wood explained that the new updates in facilities is a big part of the recruitment process and will make more athletes want to come to play here.

"I am a proud alumnus of the school but not much has changed since I played here," Wood said. "When recruiting, students are really interested in a quality look and that's what this stadium will give us."

Influencing recruits to come here can be hard based on the facilities other schools have, but with the new upgrades it can help Salisbury athletics.

"It makes us a lot more competitive based on some advances our competitors have made," said Head Lacrosse Coach Jim Berkman. "This will give us one of the top facilities in division III."

With the upgrades to the stadium it can also create a sense of home field advantage, something the current stadium lacks.

"I'll feel more like home having the locker rooms and everything right here at the stadium," Wood said. "I even think the kids will play harder."

The future looks bright for SU athletics and with the winning culture already instilled, great facilities will only further push the commitment to excellence.

Capital Athletic Conference Update

The Salisbury University men's lacrosse team defeated Frostburg State University on Saturday 12-6. The Gulls will host the CAC championship on Saturday against York College.

The No. 1 ranked SU women's lacrosse team defeated No. 5 Christopher Newport University 21-4 in CAC tournament semifinals on Saturday. The Gulls are set to host No. 2 ranked York College on Saturday for the CAC Championship.

The women's tennis team defeated CNU 7-2 on Tuesday in the CAC semifinals, later falling to the University of Mary Washington on Saturday in the CAC Championship. The Gulls completed the season 12-8, with a conference match record of 4-2.

The men's tennis team traveled to Mary Washington on Saturday after defeating Christopher Newport on Wednesday 6-3. The Gulls could not get past Mary Washington however, losing 7-2 and ending their season (13-5, 4-2).

Athlete's Health Principle of Overload

BY GLEN CAREY
Staff Writer

The Principle of Overload is a basic sports fitness-training concept which means that in order to improve, athletes must continually work harder as their bodies adjust to existing workouts.

"The body needs continuous overload in order to gain power and strength," said Salisbury University Strength & Conditioning Coordinator Matt Nein. "The load needs to change continuously by adding external resistance."

Overloading taps the body's mechanisms that bring about the desired changes, going hand-in-hand with specificity. Improving cardiovascular fitness involves sustaining sub-maximal activities for extended periods of time, and increasing strength requires lifting progressively heavier weight loads. The principle also applies to duration and volume of training.

The principle of overload is a basic program designed for the athletes at SU. In order for the athletes to get stronger, they must produce an overload they are comfortable with and continuously adapt to it. If players are unable to adapt and the plateau is not reached, then athletes do not grow and quit, which is not what trainers and coaches are looking for.

"They have to get out of their comfort zones in order to gain anything at all," Nein said. "The out-of-season developmental stage is most important, and when they can increase their strength and power most."

An example of an athlete using the principle of overload could be a football player wanting to improve his upper body strength. The player would have to increase his training weight loads until his goal is achieved. If his training load is not increased enough to push him to higher levels of strength, he will only show little improvement.

To improve his performance, increased upper body strength must be coordinated into the execution of game skills.

"I use the principle of overload constantly and all throughout the season," said SU senior running back Lonnie Liggins. "It is the best way to gain strength where and when I need it."

According to SportsTrainerAdviser.com, here are some tips on applying the principle of overload when training:

1. Increase loads gradually and progressively. Training loads should become more intense over a period of time, not increased too abruptly or with too much intensity.
2. Avoid muscular failure. It is not necessary to train until muscles fail or the athlete collapses.
3. Allow ample recovery time. Too little recovery time can cause an over-training effect and too much recovery time can cause a detraining effect.
4. Plan and monitor training loads. Design long-range, periodical training programs, test athletes and evaluate their progress to guide training decisions about overload.

Swimathon raises money for brain trauma victims

BY DAVID CABRERA
Staff Writer

Brain trauma is a tricky thing. Athletes and even non-athletes suffer from them, and the road to recovery is a rocky one.

Every year in the U.S. 1.5 million people have suffered some sort of brain injury and 5.3 million people suffer from the effects of brain damage, according to WebMD.

A group of Salisbury University students in Dr. Paula Morris' Advertising and Promotions class made sure to inform their fellow students of the ongoing issue by hosting a swimathon on Sunday at Maggs Pool.

As a part of their class project, the marketing students were partnered up by Morris with the Swim Ocean City group.

One of the City group's yearly events is a three-to-nine-mile race in July that helps raise money for the Johns Hopkins Brain Trauma Awareness Center.

Based off of that, and to get more SU students involved with activities on campus, the Marketing students decided to hold the swimathon on campus.

"We just wanted this to be an opportunity for them to hang out and

swim," said senior Ryan Mitchell, one of the marketing students involved.

For another marketing student, the event hit closer to home.

"I have a friend doing the event named Cory and he suffered from brain trauma," junior Melissa Riley said. "He's been on a long road to recovery from it, but he's getting there."

Participants of the event had to pay \$5 to swim and the number of laps each participant would swim was dependent on how much money they raised.

Senior Reed Dilisle had a goal of raising \$200 for the event and was able to close the gap 12 hours before the event.

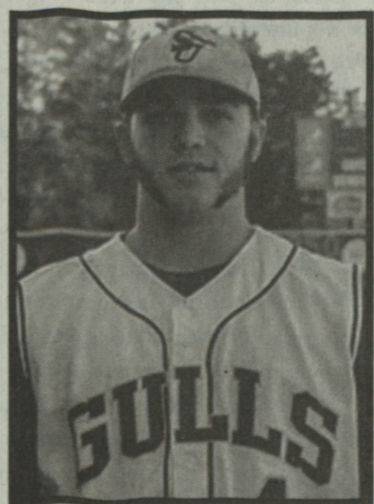
"I just started telling people about the event, that every dollar was a lap I had to swim and I guess a lot of people really wanted to see me swim," Dilisle said. "I said that if I raised \$200 that I would dye my hair blonde so I guess I'm doing it."

Helping Dilisle complete the two hundred laps Sunday was sophomore Sam Brooks, who would even things out for his friend by completing half of the laps.

"When I heard that it was for brain trauma, I said absolutely," Brooks said. "It's for charity and it's a good cause so why would I say no?"

At the conclusion of the swimathon the marketing group had raised over \$400 for the Awareness Center.

Athlete Spotlight: Johnny Schiotis



SU Athletics photo

BY MITCHELL
NORTHAM
Staff Writer

Class: Senior
Major: Physical Education
Sport: Baseball
Position: Second Baseman

When did you start playing baseball?

"For as long as I can remember; it started down at tee-ball."

Why Salisbury?

"I went to a couple schools, and this is nothing too big; I didn't want to go to a big school. I wanted to go to a school that had smaller classrooms and I knew I wanted to [major in] physical education. [The coaching staff] said I could play here and that I would have a spot, so that's what brought me here; baseball and physical education."

On being a team leader during his senior year:

"I just think it comes from older people that I watched play,

watching the guys who came up through the program when I was a freshman like Brad Bayless and Brian Greene. As a freshman, it's good to see leaders like that and then you just act like them and do what they did."

Favorite SU Baseball memory:

"I'd have to say dog piling at regionals, freshman year. When we won we knew we were going to the World Series. That's probably number one."

What's the goal for the end of the season?

"Like it is every year; go home with a World Series championship. I mean obviously, one step at a time; we got to win regionals first. I came in knowing that this program was top in the nation and that their goal every year was to go to the World Series and compete. That's the goal every year; not just for the players and the coaches, but for the school."

Coach Doug Fleetwood on Schiotis:

"Well, [Schiotis] has been a four-year starter for us; he started as a true freshman on our World Series team in 2011 and he's our team leader. Number one, he's an excellent player and great defensive second baseman. He's had some really big games for us tournament wise. He's been around, he knows how to play, he knows how to do it and like I said he's our true leader here. The kids listen to him and look up to him; he's the guy that kind of runs the show here."

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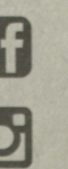
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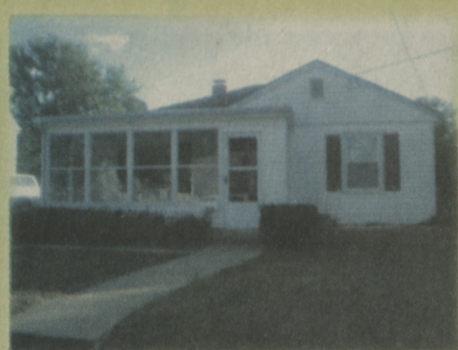
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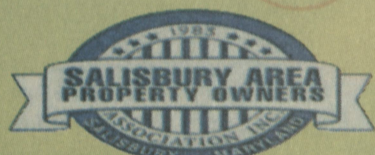
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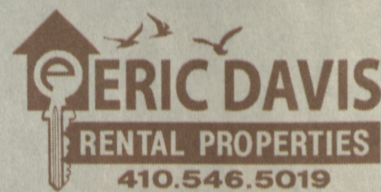
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